# HANDY TIPS FOR YOUR ADVENTURE

## PLEASE ARRIVE 15 MIN PRIOR TO YOUR SESSION

We are located within Western Sydney Parklands. The car park can become very busy during school /public holidays, so please make sure to leave extra time to accommodate. Toilets are also located in the car park, so we recommend using these before check in. From Reception to the Courses, there is also an approx. 5min walk. For these reasons, we recommend a 15 min arrival to maximise your session.

#### **HANDY TIPS**



• E-Waiver forms. All participants must have a completed form. Please forward the E-Waiver email or copy/paste the unique link to send to your guests (or parents of guests).

- What to Wear
  - Comfortable clothing for outdoor physical activity (avoid crop tops/skirts)
  - Fully enclosed, sturdy footwear required.
  - Remove all jewellery (rings/necklaces/watches) before arrival
  - · Wet weather clothing/sunscreen and/or insect repellent



 Safety First. All loose items must be removed from pockets, such as keys, wallets and phones. Phones are permitted on course if safely attached with a lanyard. Phone cases with lanyards are available for purchase at Reception. Lockers for small personal items are available onsite.



- Stay Hydrated. Please bring along a water bottle. The team can refill this for you before you head down to the courses. Water is also available to purchase at the reception. There is no water access down at the courses.
- BYO drinks and snacks. Cold drinks are available for purchase but we encourage you to BYO. We ask that you help us by keeping rubbish to a minimum.
  - Bravery, courage and an adventurous attitude!

#### **SUPERVISION**

Concession/Grown Up (16+): Onsite Adult supervision is required for 16-17yr olds.

Teens (11-15yrs): Onsite Adult supervision is required (1:10). Climbing is recommended.

Children (8-10yrs): A Grown-Up (16+) is required to climb as a supervisor with this age group (1:4). Onsite Adult supervision is also required. Climbing recommended.

Juniors (3-7yrs): Onsite Adult supervision is required. No Grown-Up or Adult access to Junior courses allowed. Please note you will not be able to climb together on this course.

#### **MORE INFORMATION**

For information on our terms and conditions, including our cancellation policy, please visit our website.

### **TREETOPS ADVENTURE WESTERN SYDNEY**

Click to find us on Google Maps

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