

HANDY TIPS FOR YOUR ADVENTURE

PLEASE ARRIVE 30 MIN PRIOR TO YOUR SESSION

We are located within Cumberland State Forest. Treetops Adventure's Reception is an approx. 10min walk from the carpark. From Reception to the Courses, there is also an approx. 10min walk as well. For these reasons, we recommend a 30min arrival to maximise your session.

HANDY TIPS



- E-Waiver forms. All participants must have a completed form. Please forward the E-Waiver email or copy/paste the unique link to send to your guests (or parents of guests).



- What to Wear
 - Comfortable clothing for outdoor physical activity
 - Fully enclosed, sturdy footwear
 - Wet weather clothing
 - Bring along sunscreen and/or insect repellent



- Safety First. All loose items must be removed from pockets, such as keys, wallets and phones. Phones are permitted on course if safely attached with a lanyard. Phone cases with lanyards are available for purchase at Reception. Lockers for small personal items are available onsite.



- Stay hydrated. Please bring along a water bottle. Running water is located at the Courses or available for purchase at reception.



- Drinks and Snacks. Cold drinks are available for purchase but we encourage you to BYO. We ask that you help us by keeping rubbish to a minimum.
- Bravery, courage and an adventurous attitude!

SUPERVISION

Teens (13-17yrs): An adult supervising from the ground is required (1:10). Adults are welcome to purchase a ticket and climb as well.

Children (8-12yrs): An adult is required to climb as a supervisor with this age group (1:4). A ticket is required for this adult.

Juniors (3-7yrs): There is strictly no adult access on the Junior courses. An adult supervising from the ground is required (1:4). No ticket required.

MORE INFORMATION

For information on our terms and conditions, including our cancellation policy, please visit our website.

treetopsadventure.com.au

TREETOPS ADVENTURE THE HILLS

Cumberland State Forest, 95 Castle Hill Rd
West Pennant Hills NSW 2126

0499 790 197 | thehills@treetopsadventure.com.au

Click to find us on [Google Maps](#)