

# HANDY TIPS FOR YOUR ADVENTURE

## PLEASE ARRIVE 15 MIN PRIOR TO YOUR SESSION

We are located within the Blue Gum Hills Regional Park. Toilets are located in the first carpark as you enter the regional park. It is about a 100m walk from the Treetops Adventure Reception and we recommend using them prior to check-in and harnessing. There are no rubbish bins in the park, so please take all rubbish home with you.

## HANDY TIPS



- E-Waiver forms. All participants must have a completed form. There is limited phone reception onsite, so please have your E-Waiver filled out prior to arrival.



- What to Wear
  - Comfortable clothing for outdoor physical activity
  - Fully enclosed, sturdy footwear is required
  - Wet weather clothing, sunscreen and/or insect repellent



- Safety First. All loose items must be removed from pockets, such as keys, wallets and phones. Phones are permitted on course if safely attached with a lanyard. Phone cases with lanyards are available for purchase at Reception.



- Personal Items: Limited small lockers are available for keys & wallets only, so please keep larger belongings in your vehicle, and leave valuables at home.



- Stay hydrated. There are no taps or fountains onsite, so please bring along a full water bottle. Water is available to purchase at reception.
- Drinks and Snacks. Cold drinks are available for purchase but we encourage you to BYO. We ask that you help us by keeping rubbish to a minimum.
- Dogs are not permitted within the Treetops Adventure premises.

## SUPERVISION

Teens (13-17yrs): An adult supervising from the ground is required (1:10). Adults are welcome to purchase a ticket and climb as well.

Children (8-12yrs): An adult is required to climb as a supervisor with this age group (1:4). A ticket is required for this adult.

Juniors (3-7yrs): There is strictly no adult access on the Junior courses. An adult supervising from the ground is required (1:4). No ticket required.

## MORE INFORMATION

For information on our terms and conditions, including our cancellation policy, please visit our website.

[treetopsadventure.com.au](http://treetopsadventure.com.au)

## TREETOPS ADVENTURE NEWCASTLE

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[Click to find us on Google Maps](#)